

GET HIRED!

An Interview Guide for Nursing Students and New Graduates

Bon Secours Memorial College of Nursing | Bon Secours Southside College of Health Sciences



5 TIPS FOR INTERVIEW SUCCESS

1 DRESS PROFESSIONALLY.

As clothing grows more casual, interview attire is changing as well. In today's *healthcare interview*, here are suggestions:

Business Clothing	Wrinkle-free clothing. Nice blouse, sweater, dress shirt and tie, with dress pants or skirt. A coordinating jacket is optional.
Shoes	Dress shoes (close-toed) safe for walking on hard floors.
Other	Minimal jewelry and fragrance, perfect hygiene, neat fingernails.
Medical Clothing	Nursing uniform or scrubs are acceptable if coming from a clinical setting.

2 ARRIVE 10 MINUTES EARLY—but prepare to wait—since priorities in healthcare change quickly. Avoid arriving late and plan ahead for parking challenges. If you are running late, call and let the interviewer know. If you are still waiting for the manager 15 minutes after the scheduled appointment time (and 10 minutes for a video interview), politely remind someone in case the interviewer was delayed or has forgotten.

3 BRING YOUR RESUME.

Contact Career Services for samples.

4 SMILE, make eye contact, and introduce yourself when you meet the hiring manager. Since the COVID pandemic, hand shaking is less common. Be open to extending your hand if the interviewer extends their hand. If this is a group interview, make eye contact with each member as you answer questions.

5 At end of interview, **THANK** all interviewers for their time, express continued interest in the position, and indicate that you look forward to hearing from them once they've made their decision. Follow up with a thank you email or note, re-stating your interest and what you have to offer.



6

COMMON INTERVIEW TOPICS & HOW TO HANDLE THEM

1 TELL ME ABOUT YOURSELF.

This is a common “ice-breaker” to start the interview.

Don’t tell a long, personal history or mention where you were born, your age or marital status.

Instead, prepare a few sentences that summarize your most recent education and work experience. This can also be a brief story explaining how you arrived at this point, and why you’re interested in the specific opening.

These questions reveal how well you know yourself.

“

I am a junior at Bon Secours Memorial College of Nursing. Before attending there, I graduated with a BS

A GOOD EXAMPLE

in Biology from VCU. I have worked in a veterinarian’s office for the past 3 years. I also volunteer with the American Red Cross once a month.

— BSMCON Student —

2 TELL ME ABOUT YOUR STRENGTHS/WEAKNESSES.

Nursing leaders need to know what you are good at and what may set you apart from other applicants. Everyone possesses strengths. Often, these are qualities about which friends or employers compliment you.

Strengths are things you do naturally well.

Some interviewers also ask about a weakness. Be honest about an area where you have struggled in the past, and how you have worked to improve it.



TELL ME ABOUT YOUR STRENGTHS

EXAMPLES OF STRENGTHS INCLUDE

- **Assertiveness**

Will you speak up and ask questions when you need to? Can you advocate for your patients?

- **Leadership**

Do you have a history of leadership? Those patterns often start early and continue throughout life. Give examples.

- **Listening**

You need to listen to instructions, to patients, physicians, managers. Are you a quiet person, but a great listener?

- **Interpersonal Communication**

Are you effective in handling upset patients or anxious children? Do you have the ability to explain procedures, “read” what’s going on in a situation, provide patient discharge education, explain the purpose of procedures, medications, etc.? (Some of these examples apply to RNs only). Give examples.

- **Flexibility**

Do you adapt to change easily? Give an example.

- **Time Management**

This is very important in busy healthcare settings. Give examples of how you manage your time.

- **Problem Solving**

Can you “think on your feet?” Can you analyze and solve problems? Give an example.



I will graduate in May and I've been working as a Student Nurse at Southside Medical Center for the past year. I've had

A GOOD EXAMPLE

many chances to interact with patients and the healthcare team, which has been great. I've also noticed the excellent teamwork among the nurses on that unit.

— SCHS Student —

- **Teamwork**

This is essential in all healthcare roles. Give examples.

- **Detail Orientation**

Do you pay attention to the details? Are you accurate? Have you ‘caught’ errors before? Give examples.

- **Standards of Quality**

How do you show you care about doing things correctly? Have you ever made quality improvements? Explain.

- **Stress Management**

If you seem to handle stress better than most, say so. Give an example.


COMMON INTERVIEW TOPICS & HOW TO HANDLE THEM

Continued

3 GIVE AN EXAMPLE OF HOW YOU HAVE WORKED ON A TEAM.

Teamwork is one of the most highly valued skills. Be sure to give examples of times when you worked effectively as a team member.

During the interview, the unit director will be thinking...



“Can this person work with my team?”

4 DESCRIBE YOUR RELIABILITY.

This means that others can count on you.

Even if you are not asked directly, reliability is a concern in the back of the interviewer’s mind. Try to find a way of telling the interviewer that if hired, they can count on you to be dependable and committed to doing a quality job.

GOOD EXAMPLES

BSMCON/SCHS Students



I have had an excellent class attendance throughout nursing school. In my weekend job, I never call out sick and I am willing to work extra hours during our busy season.



Even while attending college full-time, I have worked 15 hours per week and my supervisor considers me to be highly reliable.



While working in Pediatrics, I only called out once due to the flu. Otherwise, I was among the most reliable student nurses in our unit.

5 WHY WOULD YOU BE THE BEST PERSON FOR THIS JOB?

This question can catch you off guard. A good response may be to highlight one of your strengths again... or an experience that sets you apart from others.

GOOD EXAMPLES

BSMCON/SCHS Students

“

My elderly grandparents lived with my family when I was young. When my grandmother began receiving hospice care, I was right there helping whenever I could. That experience has made me very sensitive to the issues faced by both patients and families.

“

I have been told by past managers that they value my flexibility. Sometimes our unit is slow so I am floated to CCU or PTU. I can easily adjust and jump right in to help.

“

I have had the opportunity to work in healthcare for more than 5 years, starting as a CNA just out of high school. During that time, I've cared for patients of all ages with a wide variety of illnesses. I believe my experience and flexibility will help me succeed if I'm selected.

“

Having volunteered in Appalachia with RAM, I think I've grown in my ability to work as a team member and communicate with patients who are very different from me.

“

Having been part of Student Government and the Student Nurses Association on campus, I have started to develop my leadership skills in a way that will make me more effective as a new nurse.



COMMON INTERVIEW TOPICS & HOW TO HANDLE THEM

Continued

6 WHAT INTERESTS YOU ABOUT THIS POSITION, OR OUR HOSPITAL?

Draw a connection between yourself and the job or organization. Be prepared to explain how your nursing interests align with the opening. Tell how your values are a good match for those of the organization. The hospital's web site (home page) is a good place to read about its values and mission.

Bon Secours Mercy Health holds these values: Human Dignity, Compassion, Justice, Integrity, Stewardship and Service.

GOOD EXAMPLES

BSMCON/SCHS Students



I noticed on your web site that your hospital is a leader in cardiac surgery. I am very interested in working with cardiac patients as I progress in my career.



I share your hospital's value of human dignity. I believe every patient deserves my respect and compassionate care.



SITUATIONAL INTERVIEWS

SITUATIONAL INTERVIEWS GIVE YOU A CHANCE TO TELL YOUR STORY

The Situational (or Behavioral) Interview is a common interview style. Questions prompt you to recall stories from the past, like “Think about a time when xyz happened. How did you handle it?” Give yourself a moment to think of the best possible answer—and then respond with a short story.

1 Describe the biggest challenge you faced in your last job/clinical and how you handled it.

2 Tell me about a work or school situation where you had to demonstrate problem solving.

3 Tell me about a time you’ve received constructive criticism from a manager or supervisor. What happened and how did you respond to it?

Tell a short story in your response.

If you have never encountered the situation as described, say so, but offer your best explanation of how you *would* handle it if it occurred.

WAYS TO PREPARE FOR SITUATIONAL INTERVIEWS

- Analyze the job posting, paying attention to the skills required.
- Read over your own resume and recall past jobs.
- Rehearse brief stories—think of at least two—one that describes your problem-solving skills, and one concerning your communication skills.

OTHER POPULAR INTERVIEW QUESTIONS

- What accomplishment are you most proud of?
- What is your 5 year Plan?
- Suppose your patient presented with _____ (symptoms). What would you do first? Why?

PEER OR PANEL INTERVIEWS

Peer (or Panel) Interviews involve a group of employees interviewing the job candidate. These are recommended as a best practice by many in the field of human resources and are common in healthcare. Here are specific suggestions:

1	Arrive 10 minutes early , but be prepared to wait. It sometimes takes longer than expected to gather a group together, even if they have this appointment on their calendar.
2	Smile and take a deep breath before entering the room. Everything you've done up to this point has prepared you.
3	When you are introduced, greet everyone in the room with a friendly smile and be seated. If someone offers to shake your hand, respond accordingly.
4	It's OK to say that you're nervous. Most job candidates are! The group will usually act friendlier and less threatening if you go ahead and just admit it. They don't want you to be nervous.

Typically, group members will take turns asking questions. If the group has not interviewed together before, it can feel awkward. Knowing this might keep you from thinking that you are giving bad answers.

As you respond to interview questions, make eye contact with all the group members. Don't just look at the person asking the question.

5	Give yourself a moment to think of the best answer before responding to the question. Ask for the question to be repeated if necessary.
6	If it is a multi-part question, answer it to the best of your ability and then say, "Did I answer that completely?" or "Did I cover everything you asked?"

QUESTIONS TO ASK AT THE END OF YOUR INTERVIEW

At the end of the interview, the interviewer will probably ask if you have any questions. Your questions further reveal your degree of interest in the job. Consider asking 1-2 questions along these lines, if this information has not been given during the conversation.

- **From your perspective, what qualities are needed in order to be successful in this role?**

By asking, you can determine if you'll be able to give what the job demands.

- **What advice do you have for a new Student Nurse/New Grad working on your unit?**

This gives insight into what the manager feels is important.

- **What has your experience been with hiring students from our college in the past?**

This will give you an idea if others before you have been successful, or if you are going to be the first from your college to work there.

- **How can I advance if I am selected for a position in your department?**

This reflects positively on you, because it implies that you intend to continue striving to improve. If you have not learned about the "clinical ladder" or certification in a speciality, the manager can explain this to you.

- **Do you have concerns about hiring me, given my level of experience?**

- **Will you be inviting candidates back for additional interviews?**

- **Tell me how orientation/training takes place on your unit.**

ADDITIONAL INFORMATION

- Ask Nurse Recruiter about benefits, salaries, and the potential for a relocation bonus (if you are moving to accept the job).
- Ask the Unit Director about shifts, training, work schedules, and a starting date.



COUNTING DOWN

SEMESTER 1

- Create a resume
- Consider volunteering
- Explore student jobs such as Student Nurse or Care Companion.

SEMESTERS 2 | 3

- Create a resume
- Explore student jobs
- Apply for a summer externship*
- Look into job shadowing

* *Bon Secours Memorial College of Nursing only.*

* *Available after completion of Junior year.*

SEMESTER 4

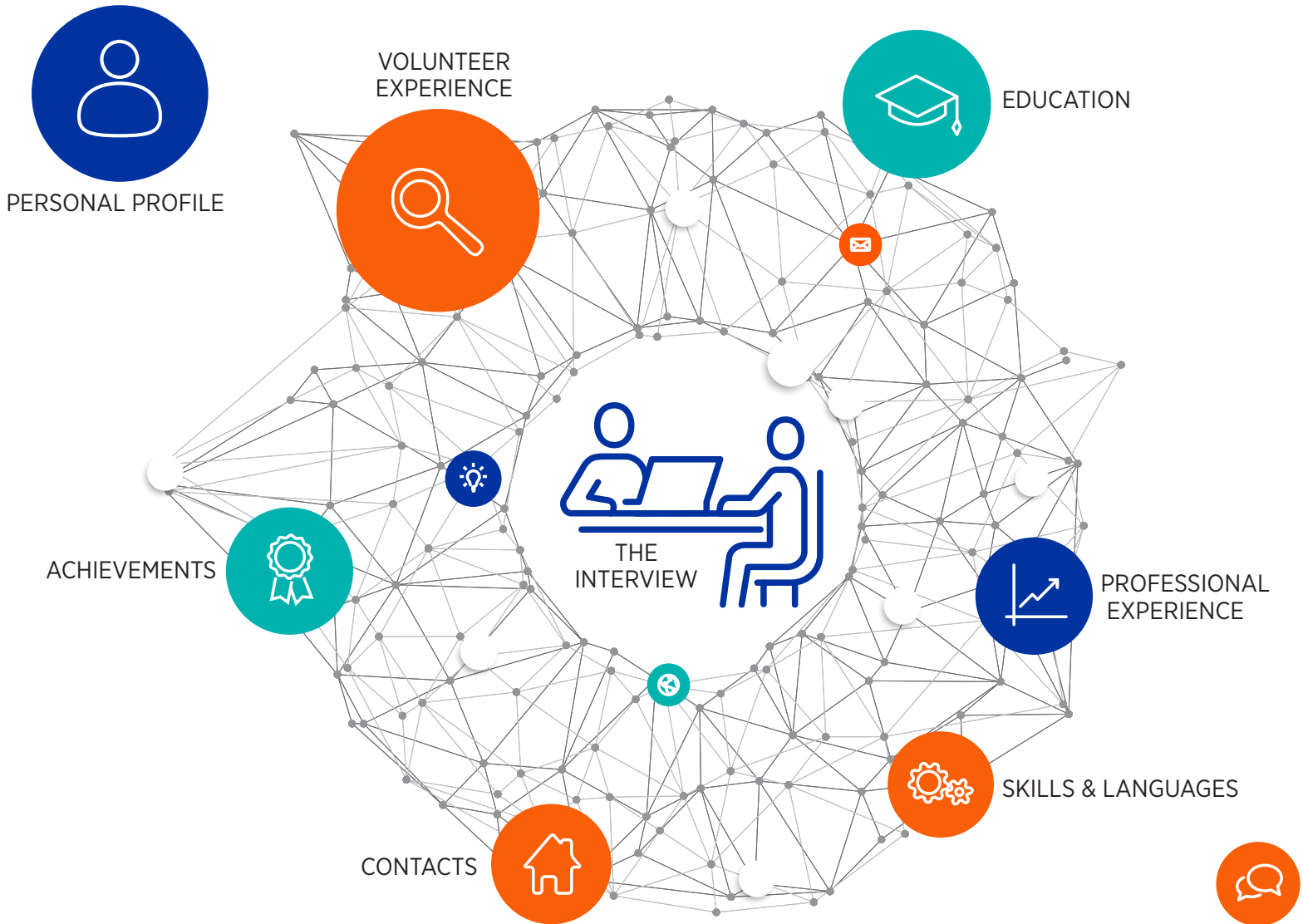
- Scope out the RN job market
- Begin budgeting for NCLEX expenses
- Ask questions of nurses you meet during clinicals

SEMESTER 5

- Finalize resume
- Attend RN job fairs
- Schedule a mock interview with Career Services
- Apply for RN jobs
- Register for the NCLEX



PREPARING THE RESUME



DATES TO REMEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

NOTES

CAREER SERVICES EVENTS

BSMCON | PTC TRAINEES HIRING EVENT



SCHS | RAD HIRING EVENT



OFFICE OF CAREER SERVICES

Allison Peterson, MEd
Manager, Career Services
804.627.5381 | Allison_Peterson@bshsi.org

Blakeney Hartka, MEd
Career Advisor, Career Services
804.765.5179 | Blakeney_Hartka@bshsi.org

Bon Secours Memorial College of Nursing
8550 Magellan Parkway | Suite 1100
Richmond, Virginia 23227
804.627.5300

Bon Secours Southside College of Health Sciences
430 Clairmont Court | Suite 200
Colonial Heights, Virginia 23834
804.765.5800